



# ***Our Lady of the Rosary Fraternity, SFO***

## ***Hampton Roads, Virginia***

### ***July, 2014***

### ***Volume 2 No. 7***

***www.olrsfo.weebly.com***

Dear Brothers and Sisters,

#### **Minister**

*Chris Wells SFO*

As we enter the month of July our thoughts turn towards the celebration of Independence Day on July 4. Freedom is something we treasure greatly but I wonder how “free” we really are? Bondage is something that sneaks up in our addictions and bad habits. Suddenly we realize we are not as free as we thought we were.

#### **Vice Minister**

*Leo Wells SFO*

Years ago I read an article where the author discussed what drives us to addictions. We tend to think of alcohol or drugs right away but addiction can range from food all the way down to nail biting and TV. The author’s interesting conclusion was that fear drives most of us to our addictions. Any time we feel threatened we turn to our favorite addiction to once again feel loved and protected. A suggestion in the article was to first confront the fear and then call a friend or family member for support rather than giving in to the addiction. The author mentioned religion as another place to turn and made an interesting statement. She said that for most people believing in God is not the issue, it is waiting for God! How true at times for us. The Gospel speaks of the apostles having the same problem when Christ was asleep in the boat. They believed in him but they could not wait for him to wake up and save them. Christ chided them that he would never abandon them. Likewise the same scenario occurs when Peter is walking on the water. He believes in Christ but cannot wait to be led off the water and so he starts to sink.

#### **Secretary**

*Deanne Marshall SFO*

#### **Treasurer**

*Ed Gerhard SFO*

#### **Formation Director**

*Glen Davis SFO*

#### **Spiritual Assistant**

*Sister Agnes Narocho LSOFS*

How many times have we found ourselves believing but not waiting. Our society prides itself on taking care of business quickly and then moving on to the next task. St. Francis tells us over and over that God is love and that our loving God will never abandon us no matter how long he may ask us to wait for him. He loves us so much he became one of us in everything but sin. He understands our fears and our impatience. Because of this immense love we need to see the sleeping figure of Christ in the boat as a figure of loving care and concern who calms all the “waves” of fear in our “life” boats and who will never allow our boats to capsizes!

Pax bonum

Chris Wells, Minister

## **July Meeting:**

Our July meeting will be held on **Sunday, July 20** at St. Michael's Place.

- 12:30 Candidates meet
- 1:30 Whole group meets  
Opening prayers
- 1:45 Saint report Chris Wells
- 2:00 Reflection from Sister Agnes and ongoing formation
- 3:00 Break
- 3:15 Business meeting
- 3:45 Liturgy of the Hours Evening Prayer  
Closing Prayers
- 4:00 Fellowship

## **Thank You:**

Thank you to Leo Wells for presiding at our June meeting!

## **Saint Report:**

Thank you to Denny Thiel for his presentation on Agnes of Assisi. Chris Wells will present Thomas of Celano in July.

## **Regional Gathering:**

Bill Bouffard, our Regional Rep. is organizing a gathering for all the Virginia fraternities on Saturday, August 9 at the Church of the Incarnation in Charlottesville. The day will begin with breakfast at 8:30 and end at 3:00 pm. The cost per person is \$25.00. If you are interested in attending please let Chris know by our next meeting on July 20. Please give Ed Gerhard a check made out to OLR for \$25.00 or cash. We need to let Bill know by July 20 how many from OLR will be attending so he can plan for food and any hand outs. The flier

for the Gathering is on our fraternity website under SFO Updates. If you are interested in carpooling let Chris know especially if you are able to drive. Chris will send out a list of who can drive and who needs a ride.

## **Amazon Project:**

Please remember your change for the Amazon Relief and the Heifer International Project. Thank you, Carol Murphy for heading this up.

## **Peninsula Pet Pantry:**

The Peninsula Pet Pantry is a nonprofit organization providing temporary pet food, supplies, and veterinarian care to owners who are facing financial difficulties. Many of these pet owners are elderly or disabled and their pet is an emotional support to them. If you are interested in donating or volunteering, contact Carol Folsom <carolfolsom@cox.net >

## **Cleaning Up The Park:**

Now that the weather is warm the park at the corner of Ironbound and News Rd. will be used more and more. If you signed up to help clean up our section you will need to begin your inspection. Remember, our name is posted in that section so we want to make sure it looks great!

## **St. Olaf Food Pantry:**

Thank you for your generosity in bringing food and paper products to the meetings for St. Olaf. The team at the parish is most grateful for our generosity and have been able to help the summer feeding program because of our donations. Please remember to bring an item or a paper product to our next meeting. Thank you again!

## **July Happy Birthdays:**

July 17 Carol Murphy

## **Prayer List:**

Joan Buehler, SFO

Frances Warren, SFO

### **Prayer List continued:**

Greta Braswell and family

Michael Wilson

Youth Ministry at St. Jerome

All travelers

Our Fraternity

Our Anniversarians

Our Franciscan Family

Ukrainian Brothers and Sisters

World peace especially in the Middle East

Those who have no one to pray for them

The unspoken intentions of our hearts

### **Deceased**

Marlin Massey - husband of Barbara Massey, SFO

Walter Tucker - father of Bea Sanford

Jack Wells - brother of Leo Wells, SFO

Wyn McPhee - fiancé of Annie Pepper, SFO

### **July Dates to Remember:**

1 Bl. Junipeo Sera

3 St. Thomas the Apostle

8 Bl. Gregory Grassi

9 Nicholas Pick

10 Veronica Giuliani

12 John Jones and John Wall

13 Bl Angeline of Marsciano

14 Francis Solano

15 St. Bonaventure, Bishop and Doctor

16 Our Lady of Mt. Carmel

21 Lawrence of Brindisi

22 St. Mary Magdalene

Bl. Cunegunda

24 Bl. Louise of Savoy

25 St. James

26 Ss. Anne and Joachim, parents of Mary

27 Bl Mary Magdalene of Martinengo

29 St. Martha

*The Catholic faith is not an ideology. It's a romance. It's a love affair with God. We're a people who believe in Jesus Christ - not the ideas, but the person of Jesus Christ, crucified and risen for our sake purely out of his love for us. And living the Catholic faith should be an experience of gratitude and joy that flows from a daily personal encounter with God's son and a communal relationship with God's people.*

*~ Archbishop Charles J. Chaput,  
O.F.M. Cap.*

