



# ***Our Lady of the Rosary Fraternity, SFO***

## ***Hampton Roads, Virginia***

***October, 2014***

***Volume 2 No. 10***

***www.olrsfo.weebly.com***

### **Minister**

*Chris Wells SFO*

### **Vice Minister**

*Leo Wells SFO*

### **Secretary**

*Deanne Marshall SFO*

### **Treasurer**

*Ed Gerhard SFO*

### **Formation Director**

*Glen Davis SFO*

### **Spiritual Assistant**

*Sister Agnes Narocho LSOFS*

Dear Brothers and Sisters,

October is a very special month for us Franciscans because not only is it the Feast of our Holy Father Francis but also the month of the Holy Rosary. Francis was very devoted to Our Lady and looked upon her as his spiritual mother as well as a beautiful example of loving obedience.

Obedience or the “O word” for most of us is a very difficult virtue to follow. Our human nature tells us that we already know it all and that the rules are great for others but we can skirt them. In fact in our conversations we can easily find ourselves applying the rules to others! However, St. Paul tells us that Jesus obeyed the laws of both religion and society and encouraged the Christian communities to pray for their leaders regardless of their beliefs. Paul insists on this because prayer of the community concerns itself with the needs of all whether Christian or not.

Paul continues by instructing the people concerning their relationships with one another. His point is we cannot keep our spiritual and temporal lives as two different entities. What we do, how we behave, shows others what we believe. The Beatitudes and the Ten Commandments are very good summaries of what we should be doing in our obedience! We have the obligation to bring the faith to others and we do this by the way we live our own lives. Do we live the Christian life only on Sunday or do we take it into the rest of the week? Do we pray for our leaders or only complain about them? Likewise our neighbor - do we criticize and pass judgment or do we pray for him/her and curtail our opinions. Christ tells us that if we love our neighbor we have fulfilled the law. Our Lady in her very quiet way gave a gentle yet outstanding example of obedience and love. No wonder Francis was devoted to her! His whole life was spent loving others and teaching them through his example. Again, St. Paul tells us that love does no evil to the neighbor, hence love is the fulfillment of the law.

What a wonderful month October is to follow the beautiful and gentle examples of Francis and Our Lady!

Pax et Bonum

Chris Wells, Minister

### **October Meeting:**

Our October meeting will be held on Sunday, October 19 at St. Michael's Place.

12:00 Candidates meet

1:30 Whole group meets

Opening prayers

1:45 Saint report - Susan James

2:00 Reflection from Sister Agnes and ongoing formation

3:00 Break

3:15 Business meeting

3:45 Liturgy of the Hours Evening Prayer

Closing Prayers

4:00 Fellowship

### **Assignment for ongoing Formation:**

Read Chapter 8 in The Franciscan Journey and answer the questions.

### **Assignment for Candidate Formation:**

Read from Up To Now : St Francis and His Approach to Divinity.

It is divided into 2 parts. Study Part 1 A Relationship with God , Page 3 of 16 to Page 11 of 16 Answer the 5 questions on page 11 of 16

### **Council Meeting:**

The next Council meeting will be Saturday, October 18 at 9:30.

**Saint Report:** Susan James will present the October saint report.

### **Transitus:**

OLR's Transitus will be held on Friday, October 3 at St. Michael's with the ceremony at 7:00 pm followed by food and fellowship. Please bring a dish to share for the feasting! Sacred Heart Fraternity in

Virginia Beach will be joining us.

### **Fasting for Feast of St. Francis:**

Traditionally there are two fast days in the Franciscan Order: October 3 and December 7. October 3 is anticipation of the Feast of Holy Father Francis and ends with the end of the Transitus ceremony.

December 7 is in anticipation of the Feast of the Immaculate Conception and ends at midnight December 7. However, if you attend the Holy Day Mass the evening of Dec. 7 then your fast ends with the completion of Mass. **These fast days are NOT under pain of sin.** However, as Franciscans it is highly recommended that we follow them to the best of our ability or choose another form of penance those days.

### **Feast of Holy Father Francis:**

The Feast of Holy Father Francis is Saturday, October 4. If at all possible try to go to Mass that day. As Franciscans this is a very special and holy feast day for us!

### **October Month of the Holy Rosary:**

October is the month of the Holy Rosary and this is also the name of our fraternity! Try and say the rosary frequently during October for our fraternity and our whole Franciscan family. St. Francis was especially devoted to Our Lady.

### **Fraternity Website:**

Don't forget to check the fraternity website during the month for SFO news. Rather than sending lots of email info to you, it will be posted on our website <[www.olrsfo.weebly.com](http://www.olrsfo.weebly.com)> However, things of immediate importance will continue to be emailed to you.

### **St. Olaf Food Pantry:**

Thank you for your continued generosity to the St. Olaf Food Pantry. Last month lots of paper products were brought in which cannot be purchased with food stamps. Thank you again!

### **From His Hands:**

Thank you for your generosity to the Pineapple Inn last month. They are deeply appreciative of our donations. In September there will be families with a combined population of 50 children at the Pineapple. If you are able to donate an item for these children to eat as an after school snack please bring it to the September meeting. Donations can also be fresh fruits as Cindy will go immediately after the meeting to the motel.

### **Amazon Project:**

Please remember your change for the Amazon Relief and the Heifer International Project. Thank you, Carol Murphy for heading this up.

### **Peninsula Pet Pantry:**

The Peninsula Pet Pantry is a nonprofit organization providing temporary pet food, supplies, and veterinarian care to owners who are facing financial difficulties. Many of these pet owners are elderly or disabled and their pet is an emotional support to them. If you are interested in donating or volunteering, contact Carol Folsom <carolfolsom@cox.net >

### **October Happy Birthdays:**

- 2 Susan James
- 12 Barb Massey
- 18 Ann Pepper

### **Prayer List:**

Joan Buehler, SFO  
Frances Warren, SFO  
Sister of Glenn Davis, SFO  
Greta Braswell and family  
Michael Wilson  
Youth Ministry at St. Jerome  
Our Anniversarians  
Persecuted people of faith in the Middle East

World peace especially in the Middle East

Murdered hostages in Middle East

Migrant children

Families at the Pineapple Inn and St. Olaf Pantry Ministry

Our Fraternity

Our Franciscan Family

Those who have no one to pray for them

The unspoken intentions of our hearts

### **Deceased:**

Marlin Massey - husband of Barbara Massey, SFO

Walter Tucker - father of Bea Sanford

Jack Wells - brother of Leo Wells, SFO

Wyn McPhee - fiancé of Annie Pepper, SFO

### **October Dates to Remember:**

- 1 St. Therese of the Child Jesus (Little Flower)
- 2 Guardian Angels
- 4 *Feast of Our Holy Father Francis*
- 6 Mary Frances of the Five Wounds
- 7 Our Lady of the Rosary
- 10 Daniel, Priest and Companions
- 12 St. Stephen of Montegrano
- 18 St. Luke the Evangelist
- 20 Bl. James of Strepar
- 21 Bl. Josephine Leroux
- 22 Peter of Alcantara
- 23 John of Capistrano
- 26 Bl. Bonaventure of Potenza
- 30 Anniversary of Dedication In Consecrated Churches of the Order

# **Transitus of Our Holy Father Francis**

**October 3, 7:00 pm**

**St. Michael's Place**

**Our guests will be the Sacred Heart Fraternity of Virginia Beach**

**Come pray and enjoy fellowship with our brothers and sisters from  
Virginia Beach!**

