



Our Lady of the Rosary Secular Franciscan Fraternity Williamsburg, Virginia

www.olsfo.weebly.com



November 2020

Important Dates:

- 11/3 Eileen Murray — Birthday
- 11/5 Peg Crews — Birthday
- 11/15 Zoom Fraternity Meeting 1:00pm**
- 11/19 Glenda Hines — Birthday
- 11/21 Glenn Davis— Birthday
- 11/24 Sr. Agnes— Birthday

Dear Sisters & Brothers in Christ,

“We all like to be strong & independent. The truth is, though, that true strength is always found in recognizing when you need a little help & then asking for it. We all need a hand sometimes. Even if you’re worried that the world will judge, understand that the only ones who judge are envious you had the guts to be first.” -Unknown

I seem to be finding quite a few of these little gems recently. As I try to define how these lines refer to me or how to use this wisdom in my daily life I reflect on my role as Minister in our Fraternity. I think of myself as “strong & independent”, & certainly don't like to feel foolish or (unknowing). Asking for help is not easy for me. Still, after 11 months in this position I still find myself looking & asking for help both from our own members & from Regional staff. Do I feel foolish at times? You bet! But if I DON'T ask questions then I am paralyzed. How can I function without knowledge?

What does this have to do with me, you may ask. Well, just how knowledgeable are you with all our Franciscan practices & policies? I’m not referring to the histories of St. Francis and St. Clare but to the programs sponsored by Franciscans. Do you study the formation items sent from Region? Do you know the important dates to celebrate?

Ours is an informationally bountifully rich organization. There is so much to learn & there are so many ways to live the Gospel through our traditions. Dive in! Borrow a book from a member or our lending library, ask questions, inform yourself. And don't be afraid of judgement from others. If anything, you'll whet up their appetite for knowledge as well. Let's become a Fraternity in quest of knowledge about our faith, our organization, our God.

In Francis & Clare, Maria
Be as an adventurer, Exploring not new worlds but minds



Praying for Our Deceased Brothers and Sisters

- Joan Albrecht
- Edna Bartlett
- Gladys Branch
- Julia Carey
- Donald Carpenter
- Dorothy and Janice Carpenter
- Rose Coleman
- Josephine Decori
- Esme Esflavo
- Marian Garris
- Florence Gorden
- Jack Houlahan
- Dorothy and Don Johnson
- Lauren Pallazola
- Mark Pepper
- Daphne Pritchett
- Elma Stanbeck
- Lauren Sessa
- Denny Thiel
- Maria Torres
- Frances Warren

Visit our website at olsfo.weebly.com





During the COVID-19 meeting restriction, if you wish to continue your monthly fraternity donation please send your check to treasurer, Barbara Massey, 862 Ventnor Drive, Newport News, VA 23608-8927. **Please make checks payable to SFO.**



My Patron Virgin

Virgen de la Providencia (la Divina Providencia), Patron of Puerto Rico

It is said this title originated when St. Felipe Benicio, 5th Superior of the Servants of Mary, who, having no food for his friars, invoked the protection of the Virgin, and shortly after heard a knock on the Convent's doors. Opening them he found 2 large baskets overflowing with staples.

In 1851 Monsignor Gil Esteves y Tomas was appointed Bishop of Puerto Rico. He brought with him this devotion which had begun in Italy in the 13th Century. Bishop Gil Esteves rebuilt the destroyed Cathedral & acquired from Barcelona the Sacred Image of the Virgin. The original oil painting designed in Barcelona depicted a seated Virgin holding between her hands positioned in prayer the left hand of the angelically sleeping Baby Jesus on her lap. The Bishop had a wooden altar built, exposed to worship the Sacred Image & designated January 2nd as its annual celebration.

In 1969, when SS Paul VI declared Our Lady Mother of the Divine Providence as the main patron of the Island, he decreed the Feast of the Virgin was to be celebrated on the 19th of November, thus uniting the veneration of the Patron to the discovery of the Island.

Prayer

Oh most powerful Mother of God & our most loving Mother; with all affection & fervor of our souls we ask You to grant us, not only us, but also all our relatives & friends, & the inhabitants of the entire Island, the grace to place our hope in You & to please You with constant & fervent devotion. Deign to keep & increase the love that Puerto Rico professes in you, & that each day morality, piety, & the Catholic Religion lay deeper roots in our soil. Shed your sovereign lights over our rulers, so that, with correct laws & healthy dispositions promote the good temporal & eternal. Make us faithful to You until death, so that, having loved, venerated, invoked You in the present life, we may love, venerate, exalt & imitate You in glory, for eternity of eternities.
So be it.



Prayer Request

Please keep in your prayers: Joe and Carol Murphy, Aubrey, Danielle and Ben Allen, Anthony Coulson, Nicole Dunlap and Xavier.

If you have a prayer request, please email your request to karenrutherfordcoulson@gmail.com to be included in our next newsletter!



Regional Retreat

Our Regional Retreat is set for May 21 – 23, 2021 at the Loyola Retreat Center in Faulkner, Maryland

<https://loyolaonthepotomac.com/>



Our facilitator for the weekend will be Fr. Kevin Treston, OFM from the Holy Land Monastery in Washington, DC. For more information please go to <https://saintmargaretofcortona.org/upcoming-events/> and scroll down to the second event. The 2021 Retreat Centers cost for the weekend has not come out yet, stay tuned.



2021 Quinquennial

The National Fraternity Council came together by Zoom Teleconference, to discuss the upcoming 2021 Quinquennial (The Q) to be held in Phoenix, Arizona. The council weighed the pro's and con's concerning the COVID-19 pandemic that continues to keep us somewhat restricted in many States. It was the decision of the National Council to cancel the Quinquennial (The Q) in 2021.

This decision was made due to the uncertainty associated with the Pandemic. The council has set their sights to hold the Quinquennial, possibly in 2023. The new dates have not been set yet. The NEC has begun renegotiating the contract. Details will be relayed as soon as decisions are made. Stay tuned.



November Formation

This month we will finish To Set Themselves Free with Barbara leading the discussion on Article 25: Caring for Each Other. Please read the article prayerfully and reflect on all the questions found on pages 235 and 239.

We are also starting the book, Clare of Assisi: A Heart Full of Love. Ask the Holy Spirit to be with you as you read the Preface and the Introduction.

Underline, highlight or otherwise identify those thoughts that spoke to you during your reading. I will be asking you to comment on what caught your eye as you read these pages. I have found it beneficial to prayerfully read the pages more than once to ensure I have a good understanding of the content. The first questions I will ask are: "What word or phrase stood out to you and why?"

We may or may not get through the entire Preface and Introduction depending on how long the discussion goes on Article 25, but use the reading as part of your Franciscan prayer time each day.

Franciscan Saints Calendar

November - Month of the Holy Souls in Purgatory

- 1 - Feast of All Saints
- 2 - All Souls (Plenary Indulgence for the holy souls when one visits a church or chapel & recites a Pater & a Credo)
- 3 - St. Martin de Porres
- 4 - St. Charles Borromeo
- 6 - St. Nicolas Tavelic & Companions
- 8 - Bl. John Duns Scotus
- 10 - St. Leo the Great
- 12 - St. Josephat
- 13 - St. Frances Xavier Cabrini
- 16 - St. Margaret of Scotland
- 17 - St. Elizabeth of Hungary
- 19 - St. Agnes of Assisi
- 21—Presentation of the Blessed Virgin Mary
- 26 - St. Leonard de Port-Maurice
- 27 - St. Francois-Antoine Fasani
- 28 - St. Jacques de la Marche
- 29 - Saints of the Seraphic Order
- 30 - St. Andrew

**HAPPY
ANNIVERSARY**

Five years

Ani Kelly
Cindy Holland

Fifteen years

Glen Davis

Twenty years

Sister Bernadette
Joan Beuhler

Twenty five years

Annie Pepper
Leo Wells

Lady Jacoba's Cookies

- 1C. granulated sugar
- 1C. packed brown sugar
- eggs beaten
- 1 t. almond extract
- 2t. baking powder
- 1/2t. cinnamon
- 2T water
- 1/3 C. vegetable or canola oil
- 8 oz. sliced almonds
- 2 C. white flour

Pre heat oven to 350 degrees and grease or spray a baking sheet. Put both sugars, eggs and almond extract into a mixer and beat until smooth. Add baking powder, cinnamon, water, oil, flour, and almonds. Continue mixing until all ingredients are incorporated. Drop by tablespoon onto baking sheet and bake for 10-12 minutes.

